

If You Thought Culinary Surprise Was a Thing of the Past, It's Time to Reconsider

This sumptuous cookbook, with its fresh and distinctive vantage point, offers nearly two hundred recipes, along with an engaging look at where the plant world and culinary world intersect.



"*The Anatomy of a Dish* is a striking original work! Not only does the very talented Diane Forley teach you how to cook, but she encourages you to understand how each dish literally comes straight from the garden. This book will fill a critical void in any cook's library. My copy already sits wide open on my desk!" —CHARLIE TROTTER

"A cookbook that classifies vegetables, fruits, and grains by their relatives and relations is not only very informative, but it is as much fun to cook from as it is to read."

—JEAN-GEORGES VONGERICHTEN

"Having a sound grasp of the plant world gives us the best foundation we can have to work from as cooks. I'm delighted to find this relationship so well expressed in Diane Forley's beautiful book."

—DEBORAH MADISON, author of *Local Flavors* and *Vegetarian Cooking for Everyone*

A SAMPLING OF RECIPES BY PLANT FAMILY

CRUCIFERAE

Peppercress Salad with Yellow Pepper Vinaigrette
Farfalle and **Cauliflower** with Bread Crumbs
Horseradish Dumplings

COMPOSITAE

Artichoke Griddle Cakes
Bibb, **Endive**, and Blue Cheese Salad with Apple Vinaigrette
Sunchoke Ravioli with Kale Pesto

CHENOPODIACEAE

Ruby (**Beet**) Risotto with Winter Greens
Braised Greens (**Swiss Chard**) Tart
Quinoa-Crusted Chicken

SOLANACEAE

Halibut with **Tomato**-Cumin Sauce
Potato Galette with Duck Confit
Baby Lamb Chops with Roasted **Eggplant** Salad

UMBELLIFERAE

Roasted **Winter Vegetable** Stew
Seared **Celery Root** and Smoked Trout Salad
Poached Chicken with **Carrots**, **Celery**, **Fennel**, **Parsley**, and **Coriander**

CUCURBITACEAE

Tomato and **Cucumber** Salad with Avocado Cream
Zucchini Soup with Rosemary
Butternut Squash Ravioli with Roasted Orange Reduction

LEGUMINOSAE

Split Peas with Sausage
Bulgur Wheat Salad with **Fava Beans**
Cabbage and **Lentil** Stew with Spaetzle

GRAMINACEAE

Mushroom **Barley** Soup
Rolled Roasted Turkey with Mushroom Gravy and **Corn Bread**
Mussels in Curried Broth with Coconut **Jasmine Rice**

LILIACEAE

Asparagus Crepes
Chive Popovers
Sautéed Scallops with **Onion** Pan Gravy